

SAKINA

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JOURNEYS

Sisters Islamic Heritage Knowledge Retreat - Nairobi & Lamu, Kenya.

Nairobi & Lamu: 11-17 Dec, 2025

Double: €2,871 (per person)

Single: €3,233

Lamu Only: 12-16 Dec, 2025

Single: €1,738

Cultivate knowledge, build sisterhood, and engage in deep reflection sessions.

Sakina Journeys Oy creates unique Islamic heritage retreats designed to refresh the soul, strengthen faith, and celebrate the beauty of our tradition. Blending spiritual learning with enriching experiences, each retreat provides participants with an opportunity to step away from their daily routines and immerse themselves in an environment of reflection, growth, and connection. Guided by knowledgeable scholars and facilitators, our retreats explore the rich heritage of Islam through inspiring talks, group discussions, and interactive activities that bring timeless wisdom to life.

Alongside learning, guests enjoy opportunities for relaxation, nature walks, and community bonding in serene settings that encourage mindfulness and spiritual renewal. More than just a getaway, these retreats are a journey-one that nurtures the heart, deepens one's connection to Allah, and builds lasting friendships rooted in faith.



Accommodation

Cultivate knowledge, build sisterhood, and engage in deep reflection sessions. The curated program will be shared upon arrival.

Nairobi 3 Nights : Luxurious and eco-friendly accommodation.

Lamu - 4 Nights: Moyoni Villas. Enjoy private villas in Shela with pools, walking distance from the beach. Perfect for Dhikhr and reflection sessions.

Nairobi

Nairobi is the capital city of Kenya, home to one of the oldest mosques in the country Jamia Mosque. In addition to the historical presence of Islam in the country, the breathtaking beauty of nature within a city makes Nairobi a must visit. Home to the only National Park within a capital city, Nairobi has much to offer.



Lamu

Lamu is one of the oldest living Muslim settlements in East Africa and being a UNESCO World Heritage Site. The settlements in the Archipelago date all the way back to the 9th century, known for its history mosques and old Islamic texts.



Itinerary Highlights: Nairobi-Lamu

Day 1 (11th Dec)

Arrival in Nairobi,
overnight stay.

Day 2 (12th Dec)

Nairobi National Park safari,
Jamia Mosque tour,
optional Giraffe Center,
welcome dinner.

Day 3 (13th Dec)

Flight to Lamu, Shela Village
tour, sunset at Shela Sand
Dunes and first Halaqa.

Day 4 (14th Dec)

Morning Halaqa, historic
Lamu Town tour (UNESCO site),
evening Dhow cruise.

Day 5 (15th Dec)

Full-day Pate Island tour,
Ikhlas Foundation Women's
Learning Institute visit,
Halaqa session.

Day 6 (16th Dec)

Beach retreat, boat
excursion to Manda Island
and Takwa Ruins.

Day 7 (17th Dec)

Departure to Nairobi,
farewell and final
reflections.





Partnership with Halal Safaris Africa

In this event we are partnering with, a bespoke travel company offering curated halal safari experiences and Islamic heritage tours. We chose Halal Safaris because of having female founders coming originally from Lamu and offering a rich expertise on the destination we have picked for the retreat.

Inclusions

- ✔ Local flights and airport transfers.
- ✔ 3 nights half board accommodation in Nairobi
- ✔ 4 nights half board accommodation in Lamu
- ✔ Breakfast and lunch meals in Lamu.
- ✔ Nairobi National Park safari drive.
- ✔ Cultural guided tours in Nairobi and Lamu.
- ✔ Dhow cruise, boat transfers, island excursions.
- ✔ Branded gifts from Sakina Journeys and Halal Safaris.

Exclusions

- ✔ International flights
- ✔ Visas and insurance
- ✔ Beverages for meals
- ✔ Water sports activities.
- ✔ Museum/park entry fees
- ✔ Tips and personal expenses

